

Ovio

SUMMER Menu

BREAKFAST



Super Bowl

A wholesome blend of quinoa mixed with lemon oil, creamy hummus, sliced avocado, sweet red pepper, and poached eggs finished with Hollandaise sauce, dukkah spice, microgreens and sprinkle of sesame & Black seeds

Protein 25 Carbs 43 Fats 53
439



Garden Omelet

Fluffy spinach & mushroom omelet with cheddar cheese, a side of creamy avocado slices, cherry tomatoes and a sprinkle of sesame & black seeds. (Low-Carb & Gluten-Free)

Protein 37 Carbs 12 Fats 49
599



Rocket Avocado Croissant

Toasted croissant layered with fresh guacamole, poached eggs, rocket leaves, Parmesan cheese, avocado sauce, and a drizzle of balsamic dressing.

Protein 24 Carbs 41 Fats 45
459



Jammed Bacon Brioche

Buttery brioche topped with Fluffy scrambled eggs, rich bacon jam, crispy shallots, Parmesan cheese, and fresh chives, finished with a touch of paprika.

Protein 36 Carbs 53 Fats 73
469



Wellness Benedict

Light creamy labneh with green spinach topped with poached eggs, drizzled with our homemade sun-dried tomato herb sauce, dukkah served with crispy potatoes bravas, red chili and bugette bread slices

Protein 38 Carbs 86 Fats 38
539



Home Granola

Greek yoghurt, seasonal fruits, almonds walnut granola, berries compote & Honey.

Protein 13 Carbs 62 Fats 8
399



Healthy Morning

Grilled sweet potatoes, avocado puree, greek feta cheese, poached eggs, mixed greens salad & Microgreens

Protein 22 Carbs 56 Fats 25
569



Skinny White

Eggs White omelet, cherry tomatoes, mozzarella, roasted mushrooms & Spinach served with a side granola yoghurt bowl & mixed salad.

Protein 43 Carbs 20 Fats 25
529

BREAKFAST

SMOOTHIE BOWLS



Matcha

A creamy Matcha smoothie bowl blended to perfection and topped with crunchy house granola, fresh berries, pear chunks, and a touch of mint for a refreshing, nourishing start.

Protein 12 Carbs 88 Fats 21
429



Raspberry

A Raspberry smoothie bowl topped with fresh banana, kiwi, blackberries, raspberries, chia seeds, for a naturally sweet berry finish.

Protein 8 Carbs 70 Fats 6
399



BAGELS



Sriracha chicken Bagel

Tender chicken coated in spicy sriracha sauce, layered with cheddar cheese, cucumber pickles, mixed greens, and creamy sriracha mayo in a toasted bagel, finished with melted cheddar cheese.

Protein 61 Carbs 63 Fats 53
489



Everything Halloumi Bagel

Grilled halloumi cheese layered in an everything bagel with sundried tomato spread, tahini pesto, fresh tomatoes, and rucola for a vibrant Mediterranean-inspired bite.

Protein 53 Carbs 70 Fats 58
449



Salmon Bagel

Cream cheese, smoked salmon, rucola, capers, lemon & pickled cucumber in a multigrain bagel.

Protein 38 Carbs 59 Fats 24
689

"Please inform your waiter in case of any allergies. Nutritional values are approximate and may vary slightly depending on preparation and ingredients."
يرجى إبلغ النادل في حالة وجود أي حساسية

MAIN COURSE



The Truffle Fillet

Tender grilled beef fillet served with truffle mashed potatoes, sautéed spinach, topped with crispy potato, and a rich truffle mushroom sauce, finished with aromatic pesto oil.

Protein 58.9 Carbs 46.6 Fats 56
1289



Tiramisu Brioche

Golden toasted brioche layered with velvety coffee mascarpone cream, delicately dusted with premium cacao, and served with warm espresso sauce

Protein 28 Carbs 136 Fats 116
489



Choco Berry

Golden brioche layered with silky Belgian chocolate, topped with vanilla ice cream and mixed berries, finished with a delicate dusting of powdered sugar

Protein 26 Carbs 159 Fats 87
589



Zen Matcha

Soft brioche topped with whipped mascarpone, rich matcha ganache, and finished with a light dusting of matcha powder

Protein 29 Carbs 155 Fats 118
589



Beet Citrus

Soft brioche topped with whipped cream cheese, caramelized beetroot, fresh orange segments, toasted almonds, and finished with a vibrant beetroot drizzle

Protein 28 Carbs 136 Fats 91
429



Mango Brioche

Golden brioche layered with whipped coconut cream and fresh mango, finished with toasted coconut flakes and a silky mango drizzle

Protein 23 Carbs 149 Fats 81
499

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BRIOCHE

HANDCRAFTED Plate by plate.

THOUGHT IN EVERY PLATE



Lotus Dream

Fluffy pancake stacks layered with rich Lotus sauce, topped with whipped cream, crunchy Lotus biscuit crumbs, and fresh berries

Protein 18 Carbs 116 Fats 38
Protein 36 Carbs 232 Fats 76
Two Stack 289 Full Stack 489



Golden Dulce stack

A stack of fluffy pancakes layered with smooth cream cheese and caramelized banana, topped with golden Belgian dulce chocolate and finished with crunchy chocolate chips.

Protein 16 Carbs 116 Fats 42
Protein 31 Carbs 233 Fats 83
Two Stack 399 Full Stack 589



Ovio Signature

Fluffy pancake stacks drizzled with rich Belgian milk chocolate and artfully swirled with white and dark chocolate.

Protein 17 Carbs 120 Fats 43
Protein 37 Carbs 239 Fats 86
Two Stack 299 Full Stack 589



Blue Waves

Fluffy pancake stacks layered with vanilla ice cream and blueberries, topped with purple cream cheese, fresh blue berry, black berry drizzled with blue chocolate sauce.

Protein 14 Carbs 87 Fats 32
Protein 28 Carbs 174 Fats 63
Two Stack 389 Full Stack 559



Ruby Pancakes

A stack of fluffy ruby chocolate pancakes layered with creamy ice cream and fresh berries for a sweet, fruity treat.

Protein 14 Carbs 102 Fats 34
Protein 29 Carbs 203 Fats 68
Two Stack 469 Full Stack 669



PANCAKES

Passion Electro Mojito

Protein 0.8 Carbs 17 Fats 0.4
219

Peach Electro Mojito

Protein 1 Carbs 15 Fats 0.3
219

Raspberry Electro Mojito

Protein 0.5 Carbs 7 Fats 0.3
219

Summer Zest

Protein 0.2 Carbs 5.2 Fats 0.1
189

Watermelon Hydration Boost

Protein 31 Carbs 0.6 Fats 8
199

Green Glow Refresher

Protein 0.2 Carbs 5 Fats 0.1
189

Blended Mango Passion Matcha

Protein 5.2 Carbs 38 Fats 0.7
259

Blended Spanish Matcha

Protein 8.9 Carbs 58 Fats 5
259

Hot Honey Matcha

Protein 4.7 Carbs 23.7 Fats 0.5
189

Hot Coconut Matcha

Protein 0.6 Carbs 18.7 Fats 3.9
229

Blended Strawberry Matcha

Protein 5.4 Carbs 33 Fats 0.7
259

Blended Coconut Matcha

Protein 0.8 Carbs 20 Fats 4.4
239

Iced Coconut Matcha

Protein 0.9 Carbs 1.8 Fats 3.2
239

Iced Honey Matcha

Protein 7.8 Carbs 28 Fats 0.8
199

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WATERKIND X OVIO

MATCHA